

Activity 1 – MINE FIELD

Resources and space required:

Cones and a blind fold

Overview of the activity:

Place “mines” – objects such as cones or bowling pins – small distances apart, in a random fashion. Divide the group into pairs. In each pair, one person is blindfolded and left on one side of the mine field, and the other person – the “guide” – is at the other end and cannot enter the field. The activity consists of the “guide” calling out instructions to the blindfolded person to help her walk across the field, avoiding the “mines.”

On successful completion, the pair swaps roles, with the blindfolded person now becoming the “guide.” This activity creates trust and respect for the judgment of the “guide.”

Name of activity

Teacher's thoughts:

Children's thoughts:

Rules:

Guide cannot enter the mine field.

Player has to be blindfolded when they are entering the minefield.

Notes: