

Mental Health and Wellbeing Action Plan

(2022 - 2023)



Vision

At Knights Enham Junior School we provide...

'Inclusive and ambitious learning experiences where our school community feels safe and motivated to achieve their best.'

'Together We Achieve'

Latest Ofsted Inspection

Summary from Ofsted Inspection (Dec 2018)

Overall effectiveness Good

- | | |
|--|------|
| • Effectiveness of leadership and management | Good |
| • Quality of teaching, learning and assessment | Good |
| • Personal development, behaviour and welfare | Good |
| • Outcomes for pupils | Good |

Ofsted Guidance for What the School should do to Improve Further

- Continue to improve the quality of teaching, learning and assessment to ensure that more pupils make strong progress from their starting points.
- Ensure that all teaching provides robust challenges for pupils, particularly those who have the potential to achieve higher standards in reading, writing and mathematics.
- Ensure that all teaching supports pupils with SEND effectively so that they make stronger progress in reading, writing and mathematics.

Key school Improvements Priorities – linked to School Vision and latest Ofsted report:

1. Teaching and Learning

Improving all pupils' attainment and rates of progress from starting points.

1. High-quality **assessment for learning** is being used to effectively plan lessons, which meet the needs of all children.
2. **Adapt teaching** to respond to the strengths and needs of all pupils by knowing when and how to **differentiate appropriately**, using approaches which enable pupils to be taught effectively.
3. Consistent **marking and feedback** enable pupils to be challenged and achieve End of Year targets through **flexible teaching**, which response to their immediate need.

2. Curriculum

Creating our own curriculum which is rich, creative, and to be proud of.

1. Promote and embed the **vision** and **values** across the school.
2. Improving subject knowledge by mapping out the **progression skills** across all subjects and year groups.
3. Develop subject leaders to ensure National Curriculum requirements are fulfilled and their **leadership** is focused on raising standards with **demonstrable impact** through teacher assessment.

3. SEND

Meeting the needs of all children to ensure good progress.

1. **The quality first teaching** is supporting children with regard to SEND, and appropriate differentiation is planned.
2. **Provision maps** are in place for **interventions** and support. Monitoring is effective and is amended where needed.
3. **ILPs** are in place across the school. Appropriate targets for each individual are assessed and progress is monitored effectively.
4. New online systems used to triangulate all the information we record on the progress made by pupils in areas of their learning.

2. Curriculum

Intent	Implementation	Monitoring	Timescale	Budget	Impact
To train a member of staff as Senior Mental Health Lead (SMHL) and to attain qualification.	N. White to attend Root of It training course. N.White to complete portfolio to show understanding of senior mental health lead criteria. N.White to complete research into staff mental wellbeing.	DW to check in with NW as part of PM process.	May 2023 May 2023 May 2023	£800 – paid for through government grant.	School now has a member of staff who understands and can manage the role of SMHL. N. White is able to network with other SMHL within the county to support and improve our mental health and wellbeing offer. Initial audit completed – review in July.
	SMHL to complete setting audit and identify actions of improvement.	DW	Nov 2022		
To write a mental health and wellbeing policy.	N.White to lead INSET – gaining staff understanding of school’s current offer and provision for mental health and wellbeing. N.White to use staff ideas and template from Root of It to write school policy.	DW	Jan 2023	N/A	School policy in place. All staff aware of content. Policy available on school website. Policy shared with Governing body.
	Staff questionnaire of understanding of Mental health and wellbeing	NW	Jan 2023	N/A	Questionnaire completed – results shared with staff – key needs – curriculum awareness – staff training – pupil voice.
	Ensure mental health and wellbeing resources are accessible to all.	NW	Jan 2023	N/A	Website pages created with information regarding mental health and wellbeing. Staff noticeboard in staffroom with resources, support information, MHST information, flowchart for intervention in school for pupils.

Subject leaders to map and track mental health and wellbeing objectives within their subject – make explicit on long and medium term planning grids.	PSHE / RE / RSE / Computing and PE leads to work together to track mental health and wellbeing objectives within their subjects.	NW / DW	July 2023	Subject leadership time provided using HTLA cover.	All staff will know when and where mental health and wellbeing is taught within the curriculum. Additional opportunities to develop aspects of mental health and wellbeing can be identified for further development next year.
School to take part in mental health awareness week.	PSHE lead to coordinate resources for the week for staff to use. PSHE lead to take assembly and promote mental health and wellbeing – this year's focus is connections.	NW	Feb 2023	Resources free on internet.	All pupils have been made aware of support available within school. Pupils have worked and focussed on self-esteem and wellbeing.
Staff to be trained in mental health and wellbeing.	N.White to attend MHST forums for SMHL. N. White to attend CAMHs forums for SMHL. N.White to attend Designated teacher training networks. (Hampshire and Wokingham) N.White to attend EMTAS training networks	DW DW DW DW	Half -termly Half-termly Termly Termly	Free Free Free Free	SMHL aware of ways to refer / resources currently available / further support and training opportunities from different organisations and able to share with relevant staff.
	ELSA / Time to Talk LSA to complete Cognitive Behaviour Approach training.	NW	March 2023	£380	Staff now able to use techniques taught to help support pupils talk about their emotions and wellbeing. Inhouse support tracked on CPOMS, provision maps and ELSA tracking document.
	Staff offered opportunity to become mental health first aider. Selected staff trained and in post.	NW / DW	?	£670	S. Lucker and M Elliot
	All LSAs to complete Hampshire Learning Zone mental health and wellbeing training	NW	Jan 2023	Free	All LSAs have completed training.
Governors aware of mental health and wellbeing provision within school.	SMHL to present position statement to at governors meeting.	NW / Chair of Govs	Feb 2023	Free	N. White presented overview of mental health and wellbeing in school and next steps.

					N.White delivered MHST gov training. N.White presented outcomes of staff questionnaire and identified next steps.
To explore targeted support for mental health and wellbeing.	SMHL to work with MHST to provide support for pupils / parents and staff. 1:1 support / group support / class workshops / parent workshops / SMHL support and advice SMHL to explore signposted agency opportunities to support pupils' various mental health needs.	Welfare officer / DW / NW	Ongoing	Free	MHST referrals successful – EMPHs working with various families and offering support. SMHL holds termly meeting to update on current signposting opportunities and agencies to work with. School also working with Crisis, Andover Young Carers, Kids on Track, Hampshire Youth Access, Stopthinkbreathe.org.
To create a wellbeing council to represent pupil voice within mental health and wellbeing.	One council member per class – group to meet twice a half term. Students to put together article for newsletter and website once a term. Pupils to represent class views of need and share this with SMHL.	NW	Ongoing	Free	Council members elected.